

Hailing from Boston, **Kat Pantos** received her BS in Dance Performance and Management from Plymouth State University. Pantos is the founder and Artistic Director of Pantos Project, a Boston based contemporary dance company founded in 2013. Pantos Project has been invited to perform Kat's choreography at Jacob's Pillow Dance Festival, Ailey Citigroup Theater, Jose Mateo Ballet Theatre, Dixon Place, Hanaway Theatre, The Actors Fund Arts Center, and the Paramount Theatre/Emerson College. Pantos was chosen as a featured choreographer for the Women in Dance Series in which the company performed 'She Said, She Said' reviewed as 'satisfying fluidity'. Plymouth State University featured Pantos as an 'Alumni in the Arts' inviting Pantos Project to create and perform an evening length show at the Silver Center for the Arts. The following season, Pantos Project was invited to present, BEHAVIOR at the highly acclaimed Inside/Out Series at Jacob's Pillow. Pantos looks forward to Pantos Project's 3rd annual fall revue October 2016 at the Boston University Dance Theater. A highly sought after national award winning contemporary dance educator, and choreographer, well known for inspiring each student to advance both technically and creatively, Pantos is thrilled to be joining EXPRESS Dance and Acrobatics for her 6th season!!