

**Maria Olbrys** has a passion for fitness and helping others become fit. She has always focused on a healthy lifestyle through various workout formats such as spinning, group exercise class, Pilates, kick boxing, boot camp and running. She enjoys participating in 5 & 10k's as well as obstacle races. Her passion for fitness led to her become certified in Insanity Live and is currently working on her ACE group fitness certification. Maria will also be certified in P90X in October.

Being a Kindergarten teacher for 22 years, a mom of 3 and a Team Beachboy Coach has given her the experience and focus to lead her classes with enthusiasm and energy.