

Hello Everyone,

EXPRESS is implementing important safety precautions during this time and we ask that everyone please be understanding of our protocols and procedures and follow them to their best ability. We also may need to make adjustments or changes and will notify you if we do.

- **NEW EXPRESS Covid 19 Waivers:** In order to attend classes or participate in any studio/gym activities you must sign the new COVID-19 release waiver. Your child/children will not be permitted to attend classes unless this is done. This will be an electronic form posted on website and emailed to you.
- **The lobbies are CLOSED.** There will be no one allowed in the lobbies going forward. Drop off and pick up procedures are explained below.
- **Dancers/ Acrobats will not be allowed to wait in the lobby at all.** You may arrive 5 minutes before your classes begin and follow protocol as listed below.
- **No cell phones will be allowed out in hand at the studio unless you are a teacher.** You can bring your phone with you; however, it must always be kept in your bag. We encourage you to disinfect your phone then put it in your bag. Only in certain situations may you use your phone and after it has been disinfected. Phones are breeding grounds for germs and we want to be sure to keep everyone safe. We do not allow them in class anyway, but this new policy will be enforced.
- **If your child is feeling ill at all you must keep them home (i.e... cough, congestion, fever, stomachache, headache etc.)** We will also send anyone home immediately if they state they are not feeling well. You must be symptom free for more than 48 hours to return.
- **There will be hand sanitizing stations in the lobbies and one in each dance room as well as the gym.**
- **The drinking fountain has been disabled; you may bring your own water bottle to class.**
- **There will be one restroom open for dancers/acrobats and one for staff.** Only one child will be allowed in restroom at a time. After use, restrooms will be cleaned. Please be sure to wash your hands for at least 20 seconds with soap and water after bathroom use. There will be Clorox wipes in there to wipe down any surfaces you may have touched if your child is old enough to do so, however our staff will be directed to do that if your child is not. For our younger children we encourage parents to have them use their own restrooms at home before class, but we understand that the need to use restroom may arise.
- **Masks/Face Coverings...we strongly encourage mask/face covering usage.** All students ages 7 and up must wear them entering and exiting building or going to restroom. Masks help prevent the spread of COVID-19 as long as everyone wears them. We have teachers that are high risk and students that are high risk. The entire staff will wear masks at all times. We understand that younger children may not be able to however, if you can get them to wear a covering of some sort that would be great.
- **Distancing in rooms:** There are designated squares/rectangles that are on the floors in the dance rooms that are 6 feet apart. The gym has spots designated to keep students 6 feet apart. We are also keeping class size to a minimum.

Dance/Tumbling Class PROTOCOL & PROCEDURES:

1. **Before class begins:** All students will either wait outside on sidewalk spots designated 6 feet apart from each other or in their cars 5 minutes before class starts, masks on. Remember the lobby is closed, however there are designated spots to wait 6 feet apart as well. One teacher will be inside lobby taking temperatures with our non-contact thermometer and will sanitize hands as students walk in.
2. **Entering rooms:** Students will then be directed to their designated dance room or gym by EXPRESS interns and place their bag and water bottle on designated X that is along the perimeter of the rooms, spaced out so the children are at a safe distance apart from each other. They will stay in this area until all the students have arrived.
3. **The floors are taped in a grid pattern, and class sizes are limited.** We are giving dancers more than enough safe space away from each other in class. There will also be a taped off teachers' area that the staff will stay in while in the rooms.
4. **Bathroom:** There will be hand sanitizer located outside of the bathroom. One bathroom will be used for students and one bathroom will be used for staff. Proper handwashing is essential and after use the bathroom will be wiped down.
5. **At the end of class/es:** Students will exit out the SIDE door to the SIDE parking lot or sidewalk area. A teacher/intern will go with them and make sure each child is picked up safely. We will also use hand sanitizer as we leave. Parents must pick up students at the exact end of class time.
6. **If a child looks sick, we will send them home.** We know the no contact thermometers are not always 100% accurate and that some cases are asymptomatic so any child who is exhibiting any signs of sickness will be sent home to rest. Please do not send your child to class if they do not feel well. We will keep the sick child away from everyone in downstairs office until a parent is able to pick them up. Remember if your child has had symptoms or a fever they cannot come to class until they are symptom free for 48 hours.
7. **If you have come into contact with someone with COVID-19.** If you have been exposed to anyone who has tested positive you must not come to class for 2 weeks after you had contact with the infected individual. This rule is absolute. **No refunds will be made if this occurs.**
8. **My staff and I will be the only adults in the studio.** We need to keep the numbers in the rooms to a minimum. We take working with your children very seriously and cherish them all.
9. **If anyone tests positive for COVID-19 and has been to the studio:** We ask you to contact us immediately at expressda5678@gmail.com. We will then notify anyone who may have been exposed. We will also do another thorough cleaning and may have to close the studio for a day or two.
10. At the end of each night we will **clean every single surface in the studio** and disinfect all the dance rooms, gym and bathrooms.
11. **No contact with staff or students.** Please explain to your child before the start of class that staff and students will not be allowed to touch each other in any way.