

**Heather Johnson** - It is with great excitement that Express Cheer Force is welcoming Heather Johnson to our coaching staff! Heather will be coaching our new elite senior level lite team! Heather is currently the coach of The Milford High School Varsity cheerleading team and has been serving in that capacity since 2001. Heather began her cheerleading career as a Milford Youth Cheerleader and has never turned back. She is in her 27<sup>th</sup> year of being involved in the sport of cheerleading. Heather has coached at the youth, high school and all-stars levels 1-5. Her all-star teams have traveled around the country and won several national titles. Most recently Heather's high school team has won the State Championship 3 of the last 4 years and 2 COA National titles. Heather is available for youth team choreography as well as clean-up of routines. We look forward to having Heather aboard!